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Mount Currie Ministry Moments

Wylie writes,

In the wake of our mother's passing, it has been an answer to prayer that the bond of family around us has become closer. I returned to language classes, completing the first of 4. The learning center held community events. The administrator recognized that I had "brought" student(s) to attend classes. My friend invited me to attend and share his accomplishments returning to school after all these years. He speaks of how it is Christ within that changes him.

We planned our own winter youth Waymaker, and the "New Beginnings" youth came from Vancouver, and a handful of our youth joined. We planned and had practice for music. Words from scripture encouraged me to speak what I had prepared, "to a hungry soul, every bitter thing is sweet," and "the sweetness of a man's friend delivers hearty counsel." Another weekend away at "Waymaker" is coming up shortly, and youth enjoy spending time with us.

A dream got me thinking afresh about our role as servants to those around us. The week ahead had a number of opportunities for generosity, and I might not have been quite as perceptive, had I not been given that fresh perspective. A few weeks earlier mattresses had been delivered to a home so that they had something to sleep on. Now a cart full of groceries was being delivered to the home without power and plumbing. The Sunday

Easter service had just spoken of the women who saw the angelic spirits, and were too terrified to tell anyone. This gave me a point of connection as we drove past the spot where his wife had seen a family of sasquatches and in cold fear had flagged down a car, keeping what she had seen to herself for years. I continued with the Easter story and how women were given the privilege of telling the resurrection story, which wouldn't be done if they were to make up a story in that culture. And that Easter is connected to Christmas. For the purpose of letting us know who He the Creator is, and taking upon Himself what has separated us from Him.

Sometimes, I waver in discouragement at the dry spiritual environment. I continue to pray for personal emotional healing, for courage, and a closer walk with God.



Temera's Update

In January and February Ashling was hit with debilitating fears and separation anxiety. She was afraid of germs and basically stopped eating for a couple weeks. I had to force her to eat each mouthful. She was afraid of essentially everything and I was completely worn out. It took a long while to see a psychiatrist and she was diagnosed with anxiety. It took another few weeks to get medication prescribed. Just as we got medicine Ashling was making some good changes for the better. We chose not to medicate at this point. She was able to share with me that she was not crying about missing her grandma because she did not want to make me sad. We have worked through her being able to grieve and she is able to cry. One thing the psychiatrist said was that I need to co-regulate her emotions. While attending NAIM Women's Retreat the Lord impressed upon me that her anxiety was a reflection of mine. Facing my own anxiety and the shell of myself that I had become was needed.

As I was seeking a psychologist for her I made a connection for myself. After many weeks of using a method called neurofeedback, to heal past concussions, I began to think clearer, feel happier and focus better. Motivation began to return. For the last few sessions I have been participating in trauma informed healing using EMDR. It has lightened the burdens that I carry. The memories are there but they are faded and the deep painful emotions are gone. It was scary to start this work and the days that I have sessions I am exhausted. Lately, I have been able to see the beauty in nature again; am able to laugh more; feel the love from my family and be more present in each moment. Childhood trauma left me with feelings of abandonment, not being good enough and a need to constantly work. These feelings have infiltrated into all aspects of my life. This healing is helping me to see things from a different perspective and to move beyond that pain.

Ashling is predisposed to have anxiety but for now the fears have dramatically reduced. On our last day of skiing she was willing to take the risk of skiing harder runs. She said happily, "Mom blue runs are fun." For all the other days I was forcing her to ski as we worked on not letting the bully in her brain win. She recently trotted and steered a horse all on her own and has gone riding 8 days in a row. Ashling and I are both returning to more of ourselves. She is loving life and going on adventures again. This would not have been possible if it weren't for people I asked to cover us in prayer. The Lord had to really work on healing my heart and brain so that I could live fully for myself and my family.

As I continue to heal I have chosen to take a break from leadership responsibility with NAIM. My focus will be on the field ministry that I have been doing and also working towards starting some new ministry initiatives. Letting go of recruitment responsibility weighed heavy on my heart for a long time and I think that I held onto it longer than the Lord intended based on my own need to perform. I am definitely at a place of feeling ill-equipped as I think about field ministry but my heart is happy with the idea of simply loving people that are in my life. Please pray that my thoughts, choices and actions will be led by Him.

To support this ministry financially, cheques should be made out to NAIM with **Project #935** in the memo line.

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